

WELCOME TO THE ALAMANCE RESCUE MISSION

We hope your stay with us will be a meaningful experience. We are a non-profit organization whose main objective is to bring honor and glory to Jesus Christ and direct people to a worshipful knowledge of Him. We provide help for alcoholics, other drug users and to those in need.

To get things started off right, let's agree on a few rules and regulations. You will be expected to comply with each of these guidelines. Your compliance will insure that you obtain maximum benefit from this ministry. Your non-compliance will result in disciplinary action or dismissal from the program.

Idle hands and idle minds are the devil's workshop. Therefore, after years of experience and prayerful consideration, we have adopted the following guidelines for this ministry.

If you break one or more of the following rules, disciplinary action will be based on a decision made by the Mission staff. All decisions by staff will be prayerfully considered and based upon Biblical principles. If a decision is made to expel you from the program a staff conference with a unanimous approval and a recommended time period with restriction from the property are required for re-entry into the program. ARM is an At-will ministry, which means that at any time either party can break this agreement for any or no reason.

GENERAL RULES

1. Initial period of restriction to mission property of 30 days is required for each man.
2. After initial restriction period, each man is required to make a service contribution, to the ministry, of \$55 per week.
3. Each man, who is physically able, must actively seek employment after restriction period.
 - *Employment is generally expected within 2 weeks.
 - *While searching for work, you will be expected to seek employment from 8-12 M-F and then report back to the mission to work the rest of the workday.
 - *Work is M, T, Th, F 8-4 and W & Sa 8-2.
4. The office, storage rooms, kitchen, and bedrooms, other than your own, are "OFF LIMITS" without permission from staff.
5. All outgoing telephone calls are limited to 5 minutes. All incoming telephone calls are limited to 7 minutes.
 - *No phone calls allowed during restriction period.
 - *All cell phones must be surrendered to the office at the beginning of the restriction period.
 - *Cell phones may be claimed (or bought) upon fulfilling the terms of the "Cell Phone Contract".
6. Attendance at all devotions, services and special activities is required.
7. Each man must complete one Bible study course every 30 days.
8. Each man is responsible for his property.
 - *The mission is not responsible for theft of residents' personal property.
 - *Personal property left at the mission will be held for only three days.
9. Use of the washing machine and dryer is scheduled according to rooms.
10. **Eating and drinking are allowed only in the living room, dining room or outside.**
11. Weekly chores will be posted with the "dish washing schedule".
 - *ALL chores must be done each morning.
12. NO napping before the end of the workday without permission from staff.
13. No walkmans, radios, "boom boxes", or tape players are allowed in rooms 1 & 2; rooms 3 & 4 must have approval from staff before these items can be allowed.
 - *Mission staff must approve all tapes and CD's.
 - *This includes tapes and CD's that are kept in personal vehicles on mission property.

14. The staff will evaluate each man every 60 days for consideration of continued assistance or dismissal from the program.
15. All passes must be requested in writing at least 24 hours in advance and approved by the director
 - *Only one overnight pass per 30 days without unanimous approval by staff.
 - *No overnight pass for initial 30 days.
16. Monday through Saturday, every man must make up his bed neatly before breakfast.
 - *All men must be in dining room at breakfast when the blessing is offered and remain until devotions are complete.
 - *Sundays – men who do not want breakfast, may sleep in, however, each man must have his bed made and be dressed for church by 9 a.m.
17. All prescribed medications must be turned in to the office **IMMEDIATELY**.

RULES CONCERNING CONDUCT

1. **NO ALCOHOLIC BEVERAGE CONSUMPTION** (we reserve the right to administer a breathalyzer test at any time). This includes mouthwash and cough medicine.
2. **NO USE OF ILLEGAL DRUGS** (we reserve the right to administer a drug test at any time at the resident's expense).
3. **NO SMOKING OR TOBACCO USE INSIDE OF BUILDINGS AND MISSION VEHICLES.**
4. **NO PROFANITY.**
5. **RESIDENTS SHOULD BE CAUTIOUS TO ALWAYS SHOW RESPECT TO ALL STAFF AND VISITING PREACHERS.**
You should never refer to them by their first name only (i.e. Brother, Preacher, etc.)
Hebrews 13:24 says to "*Salute* (to show respect for the position) *all them that have the rule over you.*"
6. Residents should be careful about sitting around talking about "war stories"
Philippians 4:8, "Whatsoever things are true,... honest,... just,... pure,... lovely,... of good report;...think on these things."
7. No "bumming" from residents, visitors or staff.
8. Any grievance and/or complaint should be written and submitted to the Director or person in charge.
9. Each man must maintain good personal hygiene (shower daily, wear clean and neat clothing, and keep bed linens clean).
10. Each man must be willing to offer his talents and/or labor to do his part in helping the operation and maintenance of mission facilities.
11. No visitors allowed without permission from staff.
 - ***NO** visitors the first two weeks
 - *Visitors must call mission office first to set up visitation time.

RULES CONCERNING DRESS

1. No shorts allowed between 5:30 am and 9 PM.
Only shorts pre-approved by staff allowed between 9pm and 5:30am.
2. No facial jewelry allowed.
3. Shirts must be worn at all times and tucked in; tan-top tee shirts are not acceptable.
4. Clean pants (no jeans Sunday or special services) and a collared shirt must be worn for all services with shirttails tucked in.
5. In our efforts to provide you with necessary clothing, clothing vouchers may be obtained from ARM staff.
Any resident that leaves before completing his initial 30 days restriction will be required to return items received from mission.

RULES CONCERNING DAILY SCHEDULE

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| 1. Wake up Time: | Monday thru Friday: | 5:00 a.m. |
| | Saturday: | 6:30 a.m. |
| | Sunday: | 6:30 a.m. |

NO ONE IS TO BE UP MORE THAN 30 MINUTES BEFORE WAKE-UP TIME!!

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| 2. Morning Devotion and Breakfast: | Monday thru Friday: | 5:30 a.m. |
| | Saturday: | 7:00 a.m. |
| | Sunday: | 7:00 a.m. |
| 3. Lunch: | Monday thru Saturday: | 12 noon |
| (Upon request, a bag lunch may be obtained for residents who are employed) | | |
| 4. Dinner: | Monday thru Saturday: | 5:00 p.m. |
| 5. Curfew: | Monday thru Sunday: | 8:30 p.m. |
| (Unless staff gives special permission) | | |

ANY RESIDENT RETURNING LATER THAN 8PM MUST REPORT TO OFFICE

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| 6. Bedtime: | Sunday thru Thursday: | 10:00 p.m. |
| | Friday & Saturday: | 11:00 p.m. |
| (Unless staff gives special permission) | | |
| 7. Church Services: | You need to be ready to leave mission by 9:00 a.m. & 5p.m. | |
| 8. Mission Services: | Monday, Wednesday & Friday: | 7:00 p.m. |

RULES CONCERNING RECREATION

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| 1. Television: | Monday thru Thursday: | 6 p.m. to 9:15 p.m. |
| | Friday: | 6 p.m. to 10:45 p.m. |
| | Saturday: | 7:30 am to 10:45 p.m. |
| | Sunday: | 1 p.m. to 5 p.m. |
| | | 7:30 p.m. to 9:15 p.m. |

*THE TV MUST BE TURNED OFF 30 MINUTES BEFORE SERVICES AND REMAIN OFF FOR 30 MINUTES AFTER SERVICES

*The staff reserves the right to change or terminate a program at any time if it is perceived by the staff to be detrimental to the purposes of the ministry.**

2. The rec-room will be open 30 minutes after services on Sun, Mon, Wed, & Fri – after supper on Tues & Thurs, and all day Saturday.

***POSITIVELY NO GAMBLING ALLOWED – NO FOOD OR DRINKS IN REC-ROOM** (rec-room for residents & staff only.)